



*Here at Guinea Fowl Restaurant we strive to ensure that every meal is a taste sensation and that your every desire is catered for at your home away from home.*

*Please note that good quality food does take time to prepare and waiting time could be in excess of 30 minutes.*

*Thank you for your much appreciated patronage!*

*Your hosts,  
JD, Jayson, and Staff*

*Tel: 036 637 8163*

## **MEALS WITH ONION RINGS**

*Served with battered onion rings and chips*

### **Linefish Fillet**

*Linefish fillet crumbed, battered or grilled*

R105-00

### **Calamari**

*Calamari crumbed, battered or grilled in lemon and garlic butter*

R125-00

### **Rump Steak**

*Succulent 260g super grade rump steak*

R145-00

### **Ladies Ribs**

*400g rack of ribs, flame grilled and basted in our secret marinade*

R165-00

### **Fillet of Beef**

*260g tender fillet of beef*

R175-00

### **Lamb Cutlets**

*Three of the best, gently basted & grilled to bring out the flavor*

R180-00

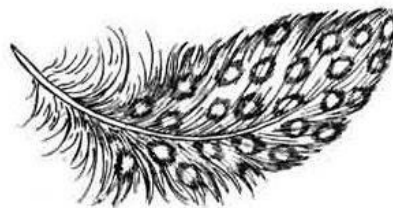
### **Maxi T-bone**

*500g T-Bone steak, the best of both worlds, fillet and sirloin all in one!*

R210-00

**THERE IS NO LOVE SINCERER THAN THE LOVE OF FOOD**

**~GEORGE BERNARD SHAW**



## STARTERS

<b>Onion Rings</b> <i>Lightly battered and deep fried</i>	R40-00
<b>Garlic &amp; Cheese Roll</b> <i>Fresh footlong roll smothered in garlic and cheese – the best in the business!</i>	R55-00
<b>Country Style Soup</b> <i>Vegetable (V), Chicken or Butternut (V) with fresh health bread</i>	R55-00
<b>Chicken Livers Peri-Peri</b> <i>Served Portuguese style - hot 'n spicy</i>	R75-00
<b>Black Mushrooms (V)</b> <i>Black mushrooms fried &amp; covered in garlic sauce and cheese</i>	R85-00
<b>Nachos (V)</b> <i>Mexican corn nachos smothered in salsa, cheddar cheese, cream cheese and topped with guacamole</i>	R90-00
<i>Add: Chicken</i>	<i>R30-00</i>
<i>Beef mince</i>	<i>R30-00</i>
<i>Bacon</i>	<i>R30-00</i>
<b>Calamari</b> <i>Battered or crumbed calamari served with creamy garlic sauce</i>	R90-00
<b>Crumbed Mushrooms (V)</b> <i>Crumbed and deep fried button mushrooms served with a creamy garlic sauce</i>	R90-00
<b>Escargots</b> <i>Snails grilled in garlic butter and topped with cheese – a dunkers delight!</i>	R90-00
<b>Buffalo Wings</b> <i>Chicken wings smothered with a choice of BBQ, peri-peri or honey and sesame seed sauce</i>	R90-00
<b>Escargots et bacon</b> <i>Snails wrapped in bacon and grilled in delicious garlic butter and topped with cheese</i>	R105-00
<b>Deep fried Camembert (V)</b> <i>Creamy, crumbed sensation with berry preserve &amp; crisp bread</i>	R110-00
<b>Prawns with Chilli and Coriander</b> <i>Grilled prawns simmered and served in our special chilli and coriander sauce – our favourite!</i>	R125-00



## BEEF AND STEAK

*Served with seasonal vegetables or salad and your choice of starch*

<b>Rump Steak</b> <i>Succulent 260g super grade rump steak</i>	R160-00
<b>Fillet of Beef</b> <i>260g tender fillet of beef</i>	R190-00
<b>Beef Schnitzel</b> <i>Crumbed 260g beef fillet served with a sauce of your choice</i>	R190-00
<b>Fillet Kebab</b> <i>Marinated 260g beef fillet cubes skewered with mushrooms, onions &amp; peppers</i>	R190-00
<b>Surf 'n Turf</b> <i>260g Rump steak accompanied by grilled, battered or crumbed calamari tubes</i>	R190-00
<b>Tomahawk Ribeye (NEW)</b> <i>Marbled with fat, this 350g cut on the bone is both juicy and full of flavour</i>	R205-00
<b>Maxi T- bone</b> <i>500g T-Bone steak, the best of both worlds, fillet and sirloin all in one!</i>	R230-00
<b>Maxi Rump</b> <i>500g well-aged super grade rump steak – the best of the beast</i>	R230-00
<b>Mixed Grill</b> <i>160g Rump steak, lamb chop, ribs, bacon, pork sausage, fried egg, grilled tomato and chips</i>	R230-00

### **YOUR CHOICE OF RUMP OR FILLET**

	<b><u>RUMP</u></b>	<b>OR</b>	<b><u>FILLET</u></b>
<b>Beef Cordon Bleu</b> <i>Crumbed 260g steak filled with ham and cheese</i>	R195-00		R210-00
<b>Beef Royale</b> <i>Layered 260g steak, bacon and brown mushrooms – the best!</i>	R195-00		R210-00
<b>Beef Mexicana</b> <i>260g Steak stuffed with jalapeño peppers and cheese, topped with Mexicana sauce</i>	R195-00		R210-00
<b>Peppadew Steak</b> <i>260g Steak stuffed with mozzarella &amp; peppadew, smothered in sweet chilli sauce</i>	R195-00		R210-00
<b>Cheddar-Melt Steak</b> <i>An enchanting combination of 260g steak, black mushroom and cheese</i>	R195-00		R220-00
<b>Carpetbagger</b> <i>A taste sensation of 260g steak stuffed with smoked mussels and cheese</i>	R195-00		R220-00

## **BEEF AND STEAK (CONTINUED)**

*Served with seasonal vegetables or salad and your choice of starch*

	<b><u>RUMP</u></b>	<b><u>FILLET</u></b>
<b>Black Forest Steak</b> <i>Succulent 260g steak covered with Camembert cheese &amp; black cherry sauce</i>	R195-00	R220-00

## **SAUCES**

Cheese, Pepper, Monkey Gland, Peri-Peri, Mushroom or Garlic R 30-00

## **LAMB**

*Served with seasonal vegetables or salad and your choice of starch*

<b>Lamb Cutlets</b> <i>Three of the best, gently basted &amp; grilled to bring out the flavor</i>	R195-00
<b>Lamb Shank</b> <i>Tender 450g - 500g Lamb Shank with rich Greek style gravy</i>	R275-00

## **CHICKEN**

*Served with seasonal vegetables or salad and your choice of starch (except for Chicken Tikka Kebab)*

<b>Chicken Tikka Kebab</b> <i>Authentic North Indian chicken tikka skewer served with chips and roti</i>	R110-00
<b>Chicken Schnitzel</b> <i>Tender crumbed chicken fillet and served with a sauce of your choice</i>	R130-00
<b>Grilled Chicken</b> <i>Half a bird slow roasted over coals and basted to perfection</i>	R130-00
<b>Peri-Peri Chicken</b> <i>Half a bird, flame grilled and smothered in peri-peri sauce</i>	R150-00
<b>Chicken Cordon Bleu</b> <i>Crumbed chicken breast fillet stuffed with cheese and ham</i>	R150-00
<b>Chicken Mexicana</b> <i>Chicken breast fillet stuffed with jalapeño peppers and cheese, topped with Mexicana sauce</i>	R150-00
<b>Peppadew Chicken Fillet</b> <i>Tender chicken fillet stuffed with mozzarella cheese and peppadews smothered in a sweet chilli sauce</i>	R150-00

## SEAFOOD

*Served with seasonal vegetables or salad and your choice of starch*

Linefish Fillet R125-00

*Linefish fillet battered or grilled in lemon and garlic butter*

Calamari Platter R145-00

*Calamari crumbed, battered or grilled in lemon and garlic butter*

Linefish and Calamari R165-00

*Grilled linefish fillet served with calamari crumbed, battered or grilled in lemon garlic butter*

Calamari 'n Prawn Platter R190-00

*Six succulent medium prawns served with grilled, battered or crumbed calamari*

Prawn Platter R200-00

*Eight medium prawns grilled in garlic butter with lemon and herbs*

**COOKING IS LIKE LOVE. IT SHOULD BE ENTERED INTO WITH ABANDON OR NOT AT ALL. ~HARRIET VAN HORNE**



*Served with chips and rice*

Seafood Platter for One R240-00

*Four grilled medium prawns, linefish fillet, 4 mussels and calamari all basted to our secret sauce*

Seafood Platter for Two R395-00

*Ten medium prawns, calamari, ten mussels, and linefish fillet all drizzled with our seafood sauce*

## PORK

*Served with seasonal vegetables or salad or your choice of starch*

Ladies Ribs R180-00

*400g rack of ribs, flame grilled and basted in our secret marinade – just enough to make Eve proud*

Eisbein R185-00

*Traditional 750g – 1kg pork knuckle served with sauerkraut, vegetables and your choice of starch*

Rib 'n Chicken R220-00

*400g ladies rib with a flame grilled and basted quarter chicken*

Spare Ribs R235-00

*600g rack of flame grilled pork ribs, basted with our own secret recipe*

## CURRY

*Served with rice, sambals, banana and fruit chutney*

**Butter Chicken** R145-00

*A rich and creamy tomato based chicken curry*

**Butter Paneer (V)** R150-00

*A rich and creamy tomato based curry with paneer cubes*

**Beef Curry** R150-00

*Tender beef simmered in a rich oriental sauce*

**Lamb Curry** R185-00

*Tender lamb in a traditional Indian curry*

**Butter Chicken & Prawns** R205-00

*A rich and creamy tomato based chicken and prawn curry*



## LIGHT MEALS

**Steak, Egg & Chips** R 80-00

*160g Rump steak served with a fried egg and chips – an old proven favourite*

**Hawaiian Stir Fry** R 85-00

*Choice of Beef, Chicken or Vegetarian (V) in a creamy cheese sauce*

**Vegetarian Pasta (V)** R 85-00

*Penne pasta and seasonal vegetables served in a creamy cheese sauce*

**Pasta – Chicken, Beef or Bacon** R 90-00

*Penne pasta with chicken, beef or bacon bites served in a creamy cheese sauce*

**Schwarma** R 90-00

*Pita bread filled with beef or chicken pieces and monkey gland sauce*

**Cheesy Footlong** R 90-00

*Chicken, beef or bacon footlong roll with a cheesy garlic sauce and served with chips*

**Vegetarian Platter (V)** R120-00

*Baked potato, black mushroom, onion rings, seasonal vegetables and savoury rice*

**Snack Basket** R185-00

*Bacon strips, chicken nuggets, onion rings, calamari, pork sausage bites, fish nuggets, samosas and chips*

## **BURGERS**

*Served with chips*

Veggie Burger (V)	R 85-00
Beef Burger (180g beef patty)	R 95-00
Chicken Burger ( <i>chicken fillet</i> )	R 95-00
Cheese Burger ( <i>180g beef patty</i> )	R105-00
Pepper Burger ( <i>180g beef patty</i> )	R105-00
Chicken, Cheese and Pineapple Burger ( <i>chicken fillet</i> )	R105-00
Bacon & Cheese Burger ( <i>180g beef patty</i> )	R105-00
Steak Burger ( <i>160g rump</i> )	R110-00

## **SALADS**

French Salad (V) <i>Crisp lettuce, cucumber, tomato, peppers, carrots, onion and asparagus</i>	R 75-00
Deep Fried Feta Salad (V) <i>Crumbed and deep fried feta served on top of a fresh garden salad</i>	R 85-00
Haloumi Salad (V) <i>Marinated Greek cheese gently braised and served on a crisp seasonal salad</i>	R 85-00
Greek Salad (V) <i>Crisp lettuce, cucumber, tomato, peppers, carrots, onion, feta cheese and olives</i>	R 95-00
Tuna Salad <i>Shredded tuna served on a bed of seasonal salad – slimmers favourite</i>	R 95-00
Bacon & Feta Salad <i>Fresh garden salad topped with bacon bites and feta cheese</i>	R110-00
Chicken Salad <i>Diced chicken fillet served on a bed of fresh salad greens</i>	R110-00
Calamari & Feta salad <i>Grilled, crumbed, battered or pan fried calamari tubes served on a fresh green salad</i>	R110-00



## DESSERTS

<b>Ice Cream and Choc Sauce</b> <i>Creamy vanilla ice cream smothered in homemade chocolate sauce</i>	R45-00
<b>Nambithi Waffle</b> <i>The best in Northern Natal – with cream or ice-cream</i>	R50-00
<b>Choc-Nut Sundae</b> <i>Vanilla ice-cream, pecan nuts and homemade chocolate sauce and a cherry on top!</i>	R55-00
<b>Malva Pudding</b> <i>Baked toffee pudding served with cream or ice-cream</i>	R60-00
<b>Pancakes</b> <i>Pancakes filled with banana and chocolate served with cream or ice-cream</i>	R60-00
<b>Peppermint Crisp Pudding</b> <i>The traditional favourite</i>	R65-00
<b>Crème Brulee</b> <i>Baked vanilla custard topped with caramelised sugar</i>	R65-00
<b>Hazelnut Chocolate Brownie</b> <i>Decadent hazelnut chocolate brownie served with cream or ice-cream</i>	R70-00
<b>Baked Cheesecake</b> <i>A delicious baked cheesecake served with your choice of mixed berry couli or chocolate sauce.</i>	R70-00

**ONE OF THE VERY NICEST THINGS ABOUT LIFE IS THE WAY WE MUST  
REGULARLY STOP WHATEVER IT IS WE ARE DOING  
AND DEVOTE OUR ATTENTION TO EATING  
~LUCIANO PAVAROTTI AND WILLIAM WRIGHT**



## COFFEES

Espresso	R25-00
Coffee	R30-00
Cappuccino	R30-00
Chai Latte	R30-00
Irish Coffee ( <i>Kahlua or Amarula</i> )	R38-00

## BEVERAGES

Still water	R20-00
200ml Soda	R21-00
Tea	R25-00
330ml Soda	R27-00
Tru Fruit Juice	R32-00
Hot Milo	R35-00
Hot Chocolate	R35-00
Grapetiser ( <i>Red or White</i> )	R35-00
Appletiser	R35-00
Milkshakes ( <i>Strawberry, Lime, Chocolate, Vanilla and Milo</i> )	R42-00
Freezochino (Blended iced coffee)	R45-00
Dom Pedro	R48-00
Kahlua Pedro	R48-00
Double thick Milkshakes	R48-00