



Here at Guinea Fowl Restaurant we strive to ensure that every meal is a taste sensation and that your every desire is catered for at your home away from home.

Please note that good quality food does take time to prepare and waiting time could be in excess of 30 minutes.

Thank you for your much appreciated patronage!

*Your hosts,
JD, Jayson, Monica and Staff*

Tel: 036 637 8163

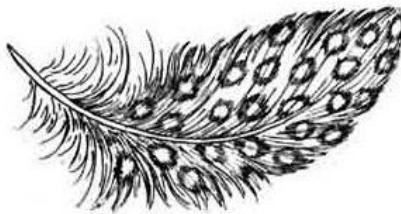
MEALS WITH ONION RINGS

Served with battered onion rings and chips

Linefish Fillet <i>Linefish fillet crumbed, battered or grilled</i>	R 95-00
Calamari <i>Calamari crumbed, battered or grilled in lemon and garlic butter</i>	R120-00
Rump Steak <i>Succulent 260g super grade rump steak</i>	R135-00
Ladies Ribs <i>400g rack of ribs, flame grilled and basted in our secret marinade</i>	R158-00
Fillet of Beef <i>260g tender fillet of beef</i>	R160-00
Lamb Cutlets <i>Three of the best, gently basted & grilled to bring out the flavor</i>	R175-00
Maxi T-bone <i>500g T-Bone steak, the best of both worlds, fillet and sirloin all in one!</i>	R185-00

THERE IS NO LOVE SINCERER THAN THE LOVE OF FOOD

~GEORGE BERNARD SHAW



STARTERS

Onion Rings <i>Lightly battered and deep fried</i>	R38-00
Garlic & Cheese Roll <i>Fresh footlong roll smothered in garlic and cheese – the best in the business!</i>	R50-00
Country Style Soup <i>Vegetable (V), Chicken or Butternut (V) with fresh health bread</i>	R50-00
Chicken Livers Peri-Peri <i>Served Portuguese style - hot 'n spicy</i>	R70-00
Black Mushrooms (V) <i>Black mushrooms fried & covered in garlic sauce and cheese</i>	R80-00
Nachos (V) <i>Mexican corn nachos smothered in salsa, cheddar cheese, cream cheese and topped with guacamole</i> <i>Add: Chicken</i> <i>Beef mince</i> <i>Bacon</i>	R80-00 R25-00 R25-00 R25-00
Calamari <i>Battered or crumbed calamari served with creamy garlic sauce</i>	R80-00
Crumbed Mushrooms (V) <i>Crumbed and deep fried button mushrooms served with a creamy garlic sauce</i>	R80-00
Escargots <i>Snails grilled in garlic butter and topped with cheese – a dunkers delight!</i>	R85-00
Buffalo Wings <i>Chicken wings smothered with a choice of BBQ, peri-peri or honey and sesame seed sauce</i>	R85-00
Escargots et bacon <i>Snails wrapped in bacon and grilled in delicious garlic butter and topped with cheese</i>	R90-00
Deep fried Camembert (V) <i>Creamy, crumbed sensation with berry preserve & crisp bread</i>	R105-00
Prawns with Chilli and Coriander <i>Grilled prawns simmered and served in our special chilli and coriander sauce – our favourite!</i>	R110-00



BEEF AND STEAK

Served with seasonal vegetables or salad and your choice of starch

Rump Steak <i>Succulent 260g super grade rump steak</i>	R150-00
Fillet of Beef <i>260g tender fillet of beef</i>	R175-00
Beef Schnitzel <i>Crumbed 260g beef fillet served with a sauce of your choice</i>	R175-00
Fillet Kebab <i>Marinated 260g beef fillet cubes skewered with mushrooms, onions & peppers</i>	R175-00
Surf 'n Turf <i>260g Rump steak accompanied by grilled, battered or crumbed calamari tubes</i>	R175-00
Maxi T- bone <i>500g T-Bone steak, the best of both worlds, fillet and sirloin all in one!</i>	R200-00
Maxi Rump <i>500g well-aged super grade rump steak – the best of the beast</i>	R200-00
Mixed Grill <i>160g Rump steak, lamb chop, ribs, bacon, pork sausage, fried egg, grilled tomato and chips</i>	R210-00

YOUR CHOICE OF RUMP OR FILLET

	<u>RUMP</u>	OR	<u>FILLET</u>
Beef Cordon Bleu <i>Crumbed 260g steak filled with ham and cheese</i>	R175-00		R190-00
Beef Royale <i>Layered 260g steak, bacon and brown mushrooms – the best!</i>	R175-00		R190-00
Beef Mexicana <i>260g Steak stuffed with jalapeño peppers and cheese, topped with Mexicana sauce</i>	R175-00		R190-00
Peppadew Steak <i>260g Steak stuffed with mozzarella & peppadew, smothered in sweet chilli sauce</i>	R175-00		R190-00
Cheddar-Melt Steak <i>An enchanting combination of 260g steak, black mushroom and cheese</i>	R180-00		R195-00
Carpetbagger <i>A taste sensation of 260g steak stuffed with smoked mussels and cheese</i>	R180-00		R195-00

BEEF AND STEAK (CONTINUED)

Served with seasonal vegetables or salad and your choice of starch

	<u>RUMP</u>	<u>FILLET</u>
Black Forest Steak <i>Succulent 260g steak covered with Camembert cheese & black cherry sauce</i>	R180-00	R195-00

SAUCES

Cheese, Pepper, Monkey Gland, Peri-Peri, Mushroom or Garlic R 25-00

LAMB

Served with seasonal vegetables or salad and your choice of starch

Lamb Cutlets <i>Three of the best, gently basted & grilled to bring out the flavor</i>	R190-00
Lamb Shank <i>Tender 450g - 500g Lamb Shank with rich Greek style gravy</i>	R240-00

CHICKEN

Served with seasonal vegetables or salad and your choice of starch (except for Chicken Tikka Kebab)

Chicken Tikka Kebab <i>Authentic North Indian chicken tikka skewer served with chips and roti</i>	R 90-00
Chicken Schnitzel <i>Tender crumbed chicken fillet and served with a sauce of your choice</i>	R115-00
Grilled Chicken <i>Half a bird slow roasted over coals and basted to perfection</i>	R125-00
Peri-Peri Chicken <i>Half a bird, flame grilled and smothered in peri-peri sauce</i>	R135-00
Chicken Cordon Bleu <i>Crumbed chicken breast fillet stuffed with cheese and ham</i>	R135-00
Chicken Mexicana <i>Chicken breast fillet stuffed with jalapeño peppers and cheese, topped with Mexicana sauce</i>	R135-00
Peppadew Chicken Fillet <i>Tender chicken fillet stuffed with mozzarella cheese and peppadews smothered in a sweet chilli sauce</i>	R135-00

SEAFOOD

Served with seasonal vegetables or salad and your choice of starch

Linefish Fillet R110-00

Linefish fillet battered or grilled in lemon and garlic butter

Calamari Platter R135-00

Calamari crumbed, battered or grilled in lemon and garlic butter

Linefish and Calamari R145-00

Grilled linefish fillet served with calamari crumbed, battered or grilled in lemon garlic butter

Calamari 'n Prawn Platter R165-00

Six succulent medium prawns served with grilled, battered or crumbed calamari

Prawn Platter R170-00

Eight medium prawns grilled in garlic butter with lemon and herbs

COOKING IS LIKE LOVE. IT SHOULD BE ENTERED INTO WITH ABANDON OR NOT AT ALL. ~HARRIET VAN HORNE



Served with chips and rice

Seafood Platter for One R205-00

Four grilled medium prawns, linefish fillet, 4 mussels and calamari all basted to our secret sauce

Seafood Platter for Two R340-00

Ten medium prawns, calamari, ten mussels, and linefish fillet all drizzled with our seafood sauce

PORK

Served with seasonal vegetables or salad or your choice of starch

Eisbein R160-00

Traditional 750g – 1kg pork knuckle served with sauerkraut, vegetables and your choice of starch

Ladies Ribs R170-00

400g rack of ribs, flame grilled and basted in our secret marinade – just enough to make Eve proud

Rib 'n Chicken R185-00

400g ladies rib with a flame grilled and basted quarter chicken

Spare Ribs R220-00

600g rack of flame grilled pork ribs, basted with our own secret recipe

CURRY

Served with rice, sambals, banana and fruit chutney

Butter Chicken R125-00

A rich and creamy tomato based chicken curry

Butter Paneer (V) R130-00

A rich and creamy tomato based curry with paneer cubes

Beef Curry R130-00

Tender beef simmered in a rich oriental sauce

Lamb Curry R165-00

Tender lamb in a traditional Indian curry

Butter Chicken & Prawns R180-00

A rich and creamy tomato based chicken and prawn curry



LIGHT MEALS

Steak, Egg & Chips R 68-00

160g Rump steak served with a fried egg and chips – an old proven favourite

Hawaiian Stir Fry R 70-00

Choice of Beef, Chicken or Vegetarian (V) in a creamy cheese sauce

Vegetarian Pasta (V) R 70-00

Penne pasta and seasonal vegetables served in a creamy cheese sauce

Pasta – Chicken, Beef or Bacon R 80-00

Penne pasta with chicken, beef or bacon bites served in a creamy cheese sauce

Schwarma R 80-00

Pita bread filled with beef or chicken pieces and monkey gland sauce

Cheesy Footlong R 80-00

Chicken, beef or bacon footlong roll with a cheesy garlic sauce and served with chips

Vegetarian Platter (V) R105-00

Baked potato, black mushroom, onion rings, seasonal vegetables and savoury rice

Snack Basket R165-00

Bacon strips, chicken nuggets, onion rings, calamari, pork sausage bites, fish nuggets, samosas and chips

BURGERS

Served with chips

Veggie Burger (V)	R75-00
Beef Burger (180g beef patty)	R82-00
Chicken Burger (<i>chicken fillet</i>)	R82-00
Cheese Burger (<i>180g beef patty</i>)	R95-00
Pepper Burger (<i>180g beef patty</i>)	R95-00
Chicken, Cheese and Pineapple Burger (<i>chicken fillet</i>)	R95-00
Bacon & Cheese Burger (<i>180g beef patty</i>)	R95-00
Steak Burger (<i>160g rump</i>)	R95-00

SALADS

French Salad (V) <i>Crisp lettuce, cucumber, tomato, peppers, carrots, onion and asparagus</i>	R70-00
Deep Fried Feta Salad (V) <i>Crumbed and deep fried feta served on top of a fresh garden salad</i>	R80-00
Haloumi Salad (V) <i>Marinated Greek cheese gently braised and served on a crisp seasonal salad</i>	R80-00
Greek Salad (V) <i>Crisp lettuce, cucumber, tomato, peppers, carrots, onion, feta cheese and olives</i>	R80-00
Tuna Salad <i>Shredded tuna served on a bed of seasonal salad – slimmers favourite</i>	R90-00
Bacon & Feta Salad <i>Fresh garden salad topped with bacon bites and feta cheese</i>	R90-00
Chicken Salad <i>Diced chicken fillet served on a bed of fresh salad greens</i>	R90-00
Calamari & Feta salad <i>Grilled, crumbed, battered or pan fried calamari tubes served on a fresh green salad</i>	R90-00

DESSERTS

Ice Cream and Choc Sauce <i>Creamy vanilla ice cream smothered in homemade chocolate sauce</i>	R40-00
Nambithi Waffle <i>The best in Northern Natal – with cream or ice-cream</i>	R45-00
Choc-Nut Sundae <i>Vanilla ice-cream, pecan nuts and homemade chocolate sauce and a cherry on top!</i>	R50-00
Malva Pudding <i>Baked toffee pudding served with cream or ice-cream</i>	R55-00
Pancakes <i>Pancakes filled with banana and chocolate served with cream or ice-cream</i>	R55-00
Peppermint Crisp Pudding <i>The traditional favourite</i>	R55-00
Crème Brulee <i>Baked vanilla custard topped with caramelised sugar</i>	R55-00

**ONE OF THE VERY NICEST THINGS ABOUT LIFE IS THE WAY WE MUST
REGULARLY STOP WHATEVER IT IS WE ARE DOING
AND DEVOTE OUR ATTENTION TO EATING
~LUCIANO PAVAROTTI AND WILLIAM WRIGHT**



LAVAZZA COFFEES

Lavazza Espresso	R21-00
Lavazza Coffee	R25-00
Lavazza Cappuccino	R25-00
Chai Latte	R25-00
Irish Coffee (<i>Kahlua or Amarula</i>)	R38-00



BEVERAGES

Still water	R19-00
200ml Soda	R20-00
Tea	R20-00
330ml Soda	R25-00
Hot Milo	R30-00
Hot Chocolate	R30-00
Tru Fruit Juice	R30-00
Grapetiser (<i>Red or White</i>)	R34-00
Appletiser	R34-00
Milkshakes (<i>Strawberry, Lime, Chocolate, Vanilla and Milo</i>)	R40-00
Dom Pedro	R45-00
Kahlua Pedro	R45-00
Double thick Milkshakes	R45-00